

inspire

A Publication of Inspire Health Medical Group

HEALTH

2026 Edition

MAGAZINE



HEALTHCARE Close To Home

Tania Zavalza Jiminez, MD
Family & Community Medicine
Assistant Professor, UCSF

Jay Khatri, RN, MSN, FNP-C
Family & Community Medicine

Letter From The **CEO**

As Inspire Health Medical Group continues to grow, this issue of the magazine highlights the partnerships that define our work.

Our organization exists at the intersection of academic medicine and community care. Through our longstanding affiliation with UCSF Fresno, our physician faculty serve as educators, mentors, and leaders across nearly every UCSF School of Medicine program in the region. This year, UCSF Fresno celebrates 50 years of medical education in the San Joaquin Valley, a milestone we are proud to have supported for the majority of that time.

But our partnerships extend far beyond the academic realm. In this issue, you'll read about the expansion of our Family Medicine department into Clovis, the impact of our Emergency Medicine department in downtown Fresno, and the growth of our partnership with United Health Centers. You'll also meet new providers who bring fresh expertise to our mission and hear success stories from our patients.

These stories reflect a shared commitment: to deliver exceptional care, train the next generation of physicians, and respond to the evolving needs of our communities. Whether through clinical innovation, educational leadership, or collaborative outreach, our work is grounded in service and driven by purpose.

Thank you to our providers, staff, and partners for your continued dedication. I look forward to what we will accomplish together in the years ahead.

Joyce Fields-Keene, MPA, CMPE
Chief Executive Officer,
Inspire Health Medical Group



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Get to Know the Leaders of Inspire Health

Formed in 1979, **Inspire Health Medical Group** is a multispecialty physician group dedicated to advancing the health of Central Valley communities through exceptional patient care, education, and research. Our 300+ physicians and 80+ advanced practice providers deliver cutting-edge medicine while training the next generation of healthcare leaders as teaching faculty for the **University of California San Francisco School of Medicine** campus in Fresno, California.

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Family & Community Medicine providers Tania Zavalza Jimenez, MD and Jay Khatri, FNP-C, MSN, RN, with General Surgeon, Gerson Araujo, MD in front of the new Inspire Health Specialty – Shaw practice located at the corner of Shaw and Armstrong.

HEALTHCARE close to HOME

Inspire Health Expands
to Southeast Clovis

With new housing developments, shopping centers, restaurants, and schools transforming Southeast Clovis, the community's growth brings an equally important need, access to excellent, personal healthcare.

For decades, Inspire Health Medical Group's Family and Community Medicine Department has cared for patients in local hospitals and academic settings across the Central Valley. Until now, that care was primarily delivered in inpatient environments, but the opening of Inspire Health Medical Group – Specialty Shaw

marks a major milestone: for the first time, this department can offer direct, convenient access to primary care in Southeast Clovis. This expansion allows our experienced physicians and advanced practice providers to bring the same level of excellence they've provided in hospitals for years into a community-based setting, ensuring patients receive comprehensive, personalized care close to home.

From newborns to older adults, Inspire Health Medical Group's Family Medicine team is ready to provide primary care for patients of all ages.

With the opening of Inspire Health Medical Group Specialty Shaw, patients now have a new option for their primary care needs.

For more than 45 years, Inspire Health Medical Group has worked diligently to ensure patients across the Central Valley have access to the quality healthcare they deserve. According to the California Health Care Foundation, the Valley remains below the recommended supply of primary care physicians, making this new practice a vital resource for the community.

...Inspire Health Medical Group continues its mission to strengthen access to care for every family in the Valley, bringing exceptional care to the ever-growing Southeast Clovis area.

As Inspire Health's tenth practice site, Specialty Shaw currently offers primary care services from Tania Zavalza Jimenez, MD, Jaime Gonzalez, MD, and Jay Khatri, NP-C, along with general surgery services provided by Gerson Araujo, MD.

The 9,200-square-foot facility features 18 exam rooms and space to grow, creating a serene, state-of-the-art environment for patients. Whether a parent needs a routine wellness exam for their child or a patient requires an in-office surgical procedure, Inspire Health Specialty Shaw provides convenient access to a variety of care needs.

At the ribbon-cutting ceremony, held in October 2025, Clovis Mayor Vong Mouanoutoua emphasized the importance of this expansion:

"There's not enough doctors. You're not only seeing patients—you're training the next wave of doctors. After they train, their experience—hopefully a great one—will make them want to stay here in our community and serve the next generation of our kids."

This milestone was years in the making, thanks in large part to Ivan Gomez, MD, an Inspire Health physician and chief of the UCSF Fresno Department of Family and Community Medicine. "Since I became chief of family and community medicine at Inspire, I've carried a vision that many of us share," he said at the grand opening. "Today, seeing that vision finally realized is incredible."

By opening this new practice, Inspire Health Medical Group continues its mission to strengthen access to care for every family in the Valley, bringing exceptional care to the ever-growing Southeast Clovis area.



Clovis Mayor, Vong Mouanoutoua presenting the City of Clovis Grand Opening certificate to Inspire Health CEO, Joyce Fields-Keene.



Ribbon cutting ceremony by Dr. Ivan Gomez with City of Clovis officials, Inspire Health Physicians and staff.



HEALING, TEACHING, and LEADING

Inspire Health's Emergency Medicine Legacy

When life takes an unexpected turn, seconds can mean everything. At Inspire Health, our Emergency Medicine physicians are the first line of defense for the Central Valley, bringing expertise, compassion, and leadership to every critical moment. Their work impacts thousands of patients annually, staffing the region's most advanced trauma facility: Community Regional Medical Center's Trauma Center, the only Level I Trauma and Burn Center between Los Angeles and Sacramento.

Emergency care in the Central Valley is a collaborative effort. Community Regional Medical Center (CRMC)

provides the infrastructure, a 685-bed hospital and one of California's busiest emergency departments, with more than 130,000 visits annually. UCSF Fresno provides the academic framework where residents and fellows learn and grow. Inspire Health supplies the physicians who bring that framework to life, educating the next generation of doctors while delivering care in a dynamic, high-volume clinical setting.

Located in downtown Fresno, CRMC's trauma center holds the highest designation verified by the American College of Surgeons. This means

24/7 access to board-certified surgeons, immediate operating room capabilities, and a multidisciplinary team that includes nurses, respiratory therapists, dietitians, pharmacists, and rehabilitation specialists.

Inspire Health physicians lead this system. They manage trauma resuscitations, perform life-saving procedures, and coordinate care across specialties like vascular surgery, orthopaedics, and

Teaching is woven into everything [an Inspire Health physician] does. When a resident learns how to manage a trauma case, they're not just gaining skills, they're becoming part of a legacy that will impact countless lives.

reconstructive surgery—ensuring patients receive metropolitan-level care without leaving the Valley.

Every day brings the unpredictable: multi-vehicle collisions, severe burns, cardiac arrests, and pediatric traumas. Advanced imaging, rapid lab turnaround, and integrated surgical teams allow Inspire Health physicians to deliver outcomes that save lives.

Inspire Health isn't just treating patients, it's shaping the future of emergency medicine. Every Inspire Health emergency physician holds a faculty appointment with UCSF Fresno, mentoring medical students, residents, and fellows in real-world, high-acuity scenarios. These trainees learn evidence-based practices while managing complex cases under expert guidance.

Teaching is woven into everything they do. When a resident learns how to manage a trauma case,

they're not just gaining skills, they're becoming part of a legacy that will impact countless lives.

CRMC's emergency department is among the busiest in California, housing three major trauma rooms, dedicated CT scanners, and specialized pods for cardiac, critical care, and behavioral health. This high-volume environment provides unmatched training opportunities for future physicians.

Behind the clinical expertise is a culture rooted in empathy, teamwork, and resilience. Inspire Health champions diversity and inclusion, recognizing that cultural competence is essential in serving the Valley's diverse population. Beyond patient care, Inspire Health advocates for public health initiatives—addressing opioid misuse, promoting injury prevention, and supporting mental health resources.

Emergency medicine doesn't end at the ER doors. Inspire Health partners with local EMS agencies, schools, and community organizations to strengthen disaster preparedness and health education. From CPR training to wildfire response

[Story Continues on Page 9]



Emergency physicians Jeffery Nahn, MD (left) and Patil Armenian, MD (right)

Emergency Physician Spotlight



Board certified in emergency medicine, Dr. Campagne earned her medical degree from the University of Southern California Keck School of Medicine and completed her residency at UCSF Fresno, where she served as chief resident. A respected educator and leader, she has presented internationally on orthopaedic topics in emergency medicine and speaks nationally at the American College of Emergency Physicians annual meeting. Dr. Campagne is a faculty member in the Parkmedic/Emergency Medical Service Program and serves as a national medical advisor to the National Park Service. Passionate about community service, she previously volunteered as a tutor for USC's Violence Intervention Program, reflecting her commitment to advocacy and education both inside and outside the hospital.

Danielle Campagne, MD, FACEP

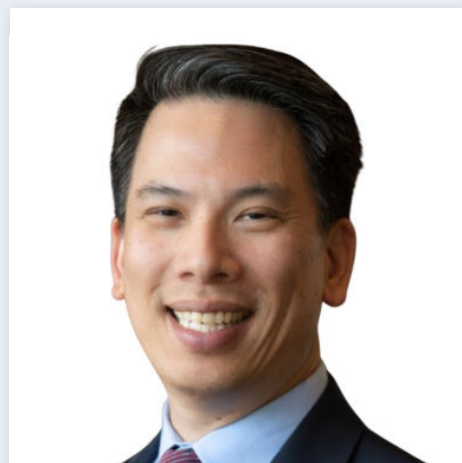
Chief of Emergency Medicine, UCSF Fresno
Vice Chair of Emergency Medicine, UCSF
Professor, UCSF
Medical Director, American Ambulance



Dr. Gupta is board certified in emergency medicine and brings advanced expertise in point-of-care ultrasound to Inspire Health's emergency team. She earned her medical degree from The Ohio State University and completed both her emergency medicine residency and an ultrasound fellowship at Maimonides Medical Center in Brooklyn, NY. With additional academic credentials from UC Berkeley and Mills College and a certification in Advanced Emergency Medicine Ultrasonography, Dr. Gupta combines clinical excellence with a passion for education. Her commitment to teaching and innovation ensures that patients and trainees alike benefit from cutting-edge emergency care.

Suman Gupta, MD

Assistant Professor, UCSF



Frederick Wu is a board-certified physician assistant specializing in emergency medicine. He earned his Master of Science in Physician Assistant Studies from Quinnipiac University in Hamden, Connecticut, and a Bachelor of Arts in Biology from Colorado College. Frederick holds certifications from the American Board of Physician Assistants and the National Commission on Certification of Physician Assistants, along with advanced credentials in Basic Life Support, Advanced Trauma Life Support, Pediatric Advanced Life Support, and Advanced Cardiac Life Support. Frederick combines clinical expertise with a strong commitment to patient-centered care while remaining deeply passionate about advancing PA education through ongoing professional development and mentorship.

Frederick Wu, PA-C, PhD

{Continued from Page 7}

planning, these outreach programs empower individuals and communities to act confidently in times of crisis.

The future of emergency care at Inspire Health

"Inspire Health isn't just treating patients, it's shaping the future of emergency medicine."

is bright. Plans include expanding telehealth capabilities, integrating AI-driven triage tools, and enhancing trauma research initiatives. By blending innovation with compassion, Inspire Health physicians are poised to continue their legacy of healing, teaching, and leading for generations to come.

67 Total Emergency Medicine Providers



55 Physicians
12 Advanced Practice Providers



130k+
Emergency Department Visits Annually



32k+
Emergency Admissions Annually



The heli-pad atop Community Regional Medical Center's Emergency and Level 1 Trauma Center.



A HEART for the VALLEY

In the Central Valley, access to high-quality, compassionate cardiovascular care is more crucial than ever. At the forefront of this mission is Inspire Health's Ankit Rathod, MD, who specializes in cardiac consultation and advanced cardiac imaging. He is board certified in cardiovascular disease, internal medicine, adult echocardiography, cardiovascular computed tomography, and nuclear cardiology.

With a deep commitment to both patient care and physician training, Dr. Rathod blends clinical excellence with academic mentorship and a heart for the community he now calls home.

Journey to the Central Valley

Dr. Rathod's path to Fresno was anything but conventional. Born and raised in India, he pursued higher education in the United States, which ultimately led him to the Central Valley.

After completing medical school and rigorous training in internal medicine and cardiology, Dr. Rathod

joined Inspire Health Medical Group in 2015 as a UCSF Fresno faculty member, later becoming the Medical Director for Inspire Health Medical Group – Cardiology. The opportunity to work in an academic medical setting while serving a diverse, high-need patient population was exactly the challenge he sought.

"I became a cardiologist because my passion early on in medical school was focused on making a big difference for people suffering from heart disease—those with arrhythmias, heart attacks, and heart failure symptoms," he shared. "I saw how much impact a cardiologist has on people's lives and their families, and I wanted to be that positive catalyst."

As Medical Director, Dr. Rathod is not only practicing cardiology—he is shaping the future of care delivery in the region, seeing patients both at Inspire Health Cardiology and at Community Regional Medical Center.



Ankit Rathod, MD
Cardiology
Assistant Professor, UCSF

Inspire Health Cardiology Services Include:

- Preventive cardiology: managing risk factors such as hypertension, high cholesterol, and diabetes before they lead to serious events.
- Non-invasive imaging & diagnostics: advanced tools like echocardiograms, stress testing, and cardiac CTs.
- Management of chronic conditions: including heart failure, arrhythmias, and coronary artery disease.
- Post-cardiac event care: rehabilitation, medication management, and personalized lifestyle guidance.
- Collaborative referrals: streamlined communication with primary care and specialty teams for coordinated care.

Compassionate Care

Millions of Americans experience a heart condition or illness each year. Inspire Health Medical Group – Cardiology specializes in diagnosing and treating the full spectrum of cardiovascular issues.

"At UCSF Fresno and Inspire Health Cardiology, we focus on comprehensive care—not just treating symptoms, but addressing root causes," says

"It's been a great journey to be part of Inspire Health and UCSF Fresno, helping transform heart health across the Valley," - Dr. Ankit Rathod.

Dr. Rathod. "We emphasize prevention and early screening, helping patients manage lifestyle factors, risk profiles, and medications to stop issues before they arise. For those already facing heart disease, we work to slow progression and improve quality of life."

A Teaching Heart

As a UCSF Fresno faculty member, Dr. Rathod plays an essential role in training the next generation of cardiologists and internal medicine physicians. He blends bedside teaching with lectures, mentorship, and real-world case discussions.

"We have a strong history of training cardiologists in the Central Valley," he explains. "One thing that sets Inspire Health Cardiology and UCSF Fresno apart is our emphasis on comprehensive care backed by academic excellence."

For the Central Valley, having a specialist like Dr. Rathod—committed to cutting-edge care and physician training—is a vital asset, not only for today's patients but for the health of the region's future.



EXPANDING access through PARTNERSHIP

Caring for patients across the Central Valley requires an ecosystem of partners working together to deliver care at the highest standards. Fresno County faces one of the lowest physician-to-patient ratios in California, a challenge that demands collaboration and innovation.

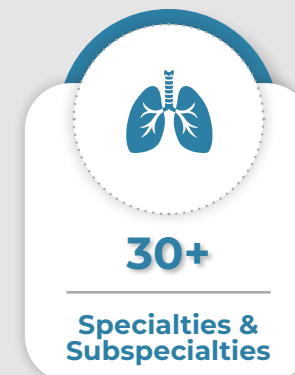
In summer 2025, services at the Deran Koligian Ambulatory Care Center and Surgical Services Center on the Community Regional Medical Center campus in downtown Fresno transitioned to United Health Centers. The transition expanded the partnership among Inspire Health, Community Health Systems, and United Health Centers.

Taking over management of the ambulatory care center was no small feat. United Health Centers worked diligently to ensure a smooth transition for patients. With Inspire Health providers continuing to deliver exceptional care and oversee trainees so they can maintain valuable learning opportunities, United Health Centers has focused on clinical operations, creating a seamless experience for patients.

Together, Inspire Health, United Health Centers, and Community Health System are strengthening access, expanding services, and building a sustainable healthcare workforce for the Central Valley.



We are excited to expand our partnership with **United Health Centers** to provide much needed services to our most vulnerable community members.



Provided by Inspire Health physicians at the **Deran Koligian Ambulatory Care & Surgical Services Centers**.



Total providers who care for patients at the **Deran Koligian Ambulatory Care & Surgical Services Centers**.



Total Inspire Health providers who treat patients **across all United Health Centers locations**.

Dr. Kulraj Dhah is a Family and Community Medicine physician with Inspire Health Medical Group and an Associate Professor through UCSF, and practices at United Health Centers in Central Fresno, Downtown Fresno, and Parlier.



Back in the **GAME**

How Dr. Robert Kollmorgen Helps Patients Reclaim Their Lives

For many athletes, sports are more than a hobby, they're a passion, an identity, and sometimes a path to a future career. No matter the age, when an injury occurs, it can feel like the ground has been pulled out from under them.

Robert Kollmorgen, DO, FAAOS, FAOBOS, an Inspire Health orthopaedic surgeon, is helping patients regain confidence in their sport and everyday life. Specializing in hip preservation and sports medicine at Inspire Health Medical Group – Orthopaedics, Dr. Kollmorgen has guided

countless patients to not only heal but thrive, physically, mentally, and emotionally. From restoring function to preserving dreams, his surgical skill and compassionate approach are changing lives across the Central Valley.

With dual board certifications and fellowship training in hip preservation, Dr. Kollmorgen brings cutting-edge expertise to the region. He treats everything from labral tears to complex hip dysplasia, always emphasizing joint preservation over replacement.



Finding Her Way Back to the Field

Amara Klein, a standout softball player, faced a journey through injury, surgery, and recovery that tested her resilience, and showcased Dr. Kollmorgen's impact.

Amara first noticed something was wrong with her left hip during middle school softball practice. What began as a slight popping sensation quickly turned into relentless pain. Despite multiple doctor visits and even exploratory surgery, no one could pinpoint the issue, until a family friend referred her to Dr. Kollmorgen.

"From the very first appointment, I felt so heard and understood," Amara recalls. "I told him, 'It feels like my hip is dislocating, and I don't want to feel crazy for saying that.' He took measurements, X-rays, everything."

Her diagnosis was hip dysplasia, a condition where the hip socket doesn't fully cover the ball of the femur, leading to pain, instability, and cartilage damage. Left untreated, it can progress to early osteoarthritis. To correct it, Amara underwent a periacetabular osteotomy (PAO), a complex hip preservation surgery to reposition the hip socket.

Dr. Kollmorgen explained that while the ultimate goal was pain-free mobility, there was a chance she might never play softball again. "At 14, being told I might never play softball again was devastating," she says.

But Amara's determination didn't stop at her first surgery. She made a full recovery, regained her strength, and returned to the field. Later, when similar symptoms appeared in her right hip, she turned to Dr. Kollmorgen again, with one goal: to finish her final season.

Respecting her wishes, Dr. Kollmorgen postponed surgery and managed her pain with a cortisone injection. After the season ended, Amara underwent her second surgery and recovered even faster than before. Today, she plays college softball and plans to study nursing, a direct result of the care and inspiration she received at Inspire Health Orthopaedics.



Investing in the **FUTURE** of Medicine

The First Inspire Health Scholarship

Inspire Health Medical Group has partnered with the San Joaquin Valley Medical Scholarship Foundation (SJVMSF) to launch the Inspire Health Scholarship, supporting future physicians committed to serving the Central Valley.

In May 2025, Inspire Health pledged \$140,000 over four years. With matching support from SJVMSF, the total scholarship award reached \$55,000, contributing to a combined investment of \$220,000.

SJVMSF, founded in 2019, aims to reduce medical school debt for 20 primary care physicians who plan to practice locally. Inspire Health shares this mission and is proud to help make it a reality.

The first scholarship was awarded to Dr. Samantha Schmitz, a UCSF Fresno Family Medicine resident focused on LGBTQ+ health. She co-founded The Fresno Collective for Inclusive Medicine, which opened in June 2025 and offers gynecology, pediatrics, and electrolysis services. Dr. Schmitz will



Inspire Health's first scholarship award being presented to Dr. Samantha Schmitz (middle) by Inspire Health board member Dr. John Tran (right) and Dr. Sergio D. Illic of the San Joaquin Valley Medical Scholarship Foundation (left).

remain in Fresno after residency, providing care in downtown and fulfilling the scholarship's mission.

To learn more or support the scholarship initiative, visit the San Joaquin Valley Medical Scholarship Foundation website.



Returning to an Active Life

Dr. Kollmorgen's impact goes beyond young athletes. John Farrell, a tennis enthusiast, suffered from debilitating hip pain that sidelined his active lifestyle for years.

Although John had previously undergone a hip replacement, Dr. Kollmorgen approached his case with a less invasive technique. "He told me recovery would probably be better than the first one because, on the first hip, they went in from the side and had to do a lot more damage to the musculature," John explains.

John decided to proceed with a second hip replacement and was surprised by the outcome. "To be honest, the recovery was much better and much easier than I expected," he says.

Thanks to modern implants and advanced surgical techniques, John regained his strength and returned to his favorite activities in no time.



A Mission Rooted in Education and Prevention

Whether operating, mentoring medical students and residents, or discussing recovery plans, Dr. Kollmorgen is centered on education, prevention, and empowerment.

"These modern techniques are making surgery and recovery better for patients of all ages," he says.

Whether it's a teenager chasing a championship or a tennis enthusiast chasing a ball, everyone deserves to live without pain. That patient-first philosophy makes Inspire Health Medical Group a premier destination for advanced orthopaedic care.





EMPOWERING WOMEN'S HEALTH

Expertise, Innovation, and Compassion

From adolescence and fertility to menopause and beyond, women's health is a dynamic and evolving field that encompasses every stage of life. At the heart of this journey are OB/GYN specialists who provide not only medical care but also empower women with knowledge, compassion, and personalized support. At Inspire Health Medical Group – Obstetrics and Gynecology, we take pride in our outstanding team dedicated to leading the future of women's care in the Central Valley.

Modern women's healthcare is not just about annual Pap smears or pregnancy care. It includes managing complex gynecologic conditions, guiding high-risk pregnancies, offering surgical innovations, and providing holistic care that respects the physical and emotional needs of each woman. With increased awareness and

advances in technology, women now have more options, better outcomes, and stronger advocacy in their care.

Two of our leading voices in this mission are Dr. Sonia Rebeles, a specialist in minimally invasive gynecologic surgery (MIGS), and Dr. Fatimah Fahimudden, a board-certified perinatologist who specializes in high-risk pregnancies. Both physicians share an immense passion for women's health and blend advanced expertise with compassion. Whether performing minimally invasive procedures or guiding mothers through high-risk pregnancies, they are passionate advocates for their patients and their profession.

As we celebrate the strides being made in women's health, we're proud to have such dedicated professionals leading the way.

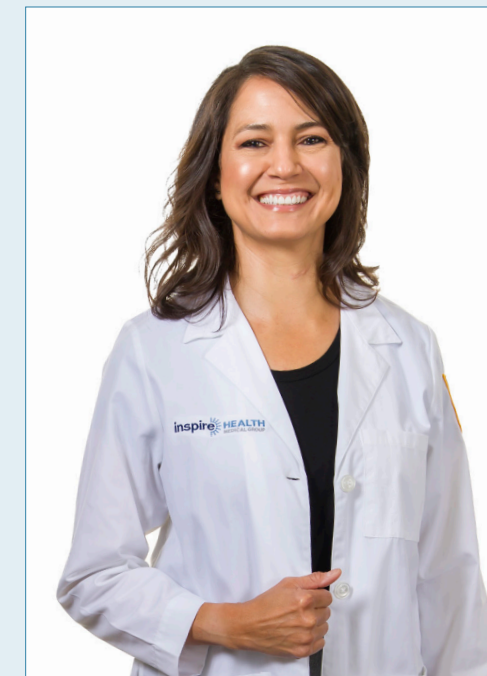
Minimally Invasive Gynecologic Surgery, Obstetrics and Gynecology

When it comes to managing complex gynecologic conditions—such as fibroids, endometriosis, pelvic pain, or abnormal bleeding—surgical treatment can feel daunting. As a specialist in minimally invasive gynecologic surgery, Dr. Rebeles is dedicated to providing women with less pain, faster recovery, and improved outcomes.

“My goal is always to help women get back to their lives as quickly and safely as possible,” Dr. Rebeles shares. “Surgery doesn't have to mean long hospital stays or large incisions anymore.”

Using advanced laparoscopic and robotic techniques, Dr. Rebeles performs surgeries through small incisions, often as outpatient procedures. “The da Vinci robot is primarily what I use. It's essentially a sophisticated form of laparoscopy,” she explains.

What truly sets her apart is her emphasis on patient education and shared decision-making. “I want my patients to feel heard,” she says. “The art of listening and truly caring for patients is something I strive to offer every day.”



Sonia Rebeles, MD, FACOG
Obstetrics & Gynecology
Minimally Invasive
Gynecologic Surgery (MIGS)



Perinatology/Maternal-Fetal Medicine



Fatimah Fahimuddin, MD, FACOG

Obstetrics & Gynecology
Maternal-Fetal Medicine

Pregnancy is a transformative time, but for some women, it comes with increased risk due to underlying health conditions, previous complications, or unexpected challenges. Dr. Fahimuddin, our maternal-fetal medicine specialist, provides comprehensive care for mothers with high-risk pregnancies and offers advanced ultrasound services for both normal and complex cases.

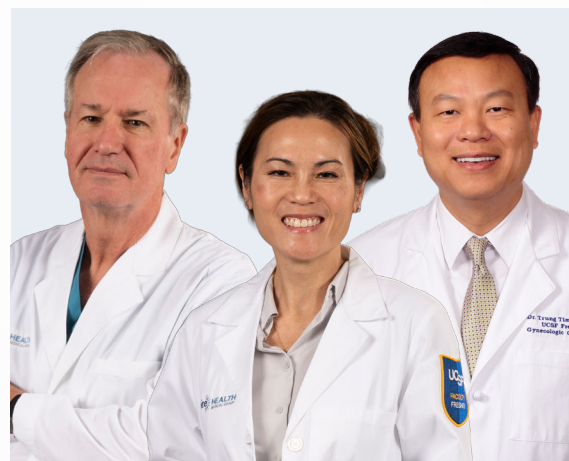
“Some high-risk pregnancies are caused by pre-existing medical conditions,” Dr. Fahimuddin explains. “Other times, complications arise because the baby has a condition—such as a heart defect—or changes in growth patterns.”

Her advice for those planning a pregnancy with existing health concerns? “Meet with a maternal-fetal medicine specialist or perinatologist like myself to review your health and plan ahead,” she says reassuringly.

Dr. Fahimuddin brings expertise in prenatal diagnostics, fetal imaging, genetic screening, and preconception counseling. What stands out most is her commitment to communication. “Our patients have unique needs, and I feel inspired to provide care that helps them establish healthy families moving forward,” she says.

Physicians On The **MOVE**

Inspiring things our physicians have been up to.



James W. Davis, MD, FACS
Trauma/Critical Care, Acute Care Surgery
Professor, UCSF

Amy Kwok, MD, MPH, FACS
Trauma/Critical Care, Acute Care Surgery
Professor, UCSF

Trung “Tim” Nguyen, DO, MBA
Gynecologic Oncology
Associate Professor, UCSF

Quality Improvement and Innovation Symposium

Several Inspire Health physicians participated in the 2026 Quality Improvement & Innovation Symposium, a collaborative event hosted by Community Health System and UCSF Fresno. The annual symposium highlights innovative projects and quality improvement initiatives focused on enhancing clinical outcomes, patient experience, and operational excellence across the healthcare system. Teams including Inspire Health physicians Drs. Davis, Kwok, and Nguyen were among those receiving awards for their contributions. The event showcased the dedication of healthcare professionals working to advance patient care through collaboration, innovation, and continuous improvement.



Sammy Siada, DO, FACS, RPVI
Vascular Surgery, Endovascular Surgery
Assistant Professor, UCSF

Kamell Eckroth-Bernard, MD, FACS, RPVI
Vascular Surgery, Endovascular Surgery
Professor, UCSF

TAMBE Device

A device called the thoracoabdominal branch endoprosthesis (TAMBE) is the first FDA-approved, minimally invasive option for treating complex aortic aneurysms. Previously, vascular surgeons would send their patients to receive this specialty care outside of the Central Valley. Now, this surgery is available to patients thanks to Dr. Kamell Eckroth-Bernard and Dr. Sammy Siada, as they successfully repaired a pararenal aortic aneurysm for the first time in the Central Valley using the TAMBE device.

This type of care is revolutionary because patients no longer require a major, invasive surgery, thereby expanding the number of candidates for aneurysm repair. With this access available in the Central Valley, patients can receive surgical, post-operative, and specialty care right here, close to home, which in turn improves their follow-ups and overall outcomes.



Antonio Toribio, MD
Hospitalist
Associate Professor, UCSF

Training the Future

Diverse paths and personal stories unite to create compassionate and skilled doctors committed to healing and innovation. Dr. Antonio Toribio is a Fresno local who felt a calling to bridge the gap of the physician shortage here in the Central Valley and serve the community that raised him. He did not hesitate to return to the Valley after his medical training outside of California.

Dr. Toribio understands the importance of giving back to his community. He actively participates in the UCSF Fresno Doctors Academy, where he mentors high school students interested in a future career in the medical field. In doing so, he inspires students from underprivileged backgrounds, like his own, and shows them that pursuing a career in healthcare is possible.



Lourdes DelRosso, MD, PhD, MS
Pediatric and Adult Sleep Medicine
Medical Director, Inspire Health Sleep Medicine
Professor, UCSF

Restless Leg Syndrome

Dr. DelRosso collaborated with colleagues on an American Academy of Sleep Medicine (AASM) clinical practice guideline focused on the treatment of Restless Legs Syndrome in the Latin American context. The publication highlights how regional differences in healthcare resources and access to therapies shape patient management and underscores the importance of adapting international guidelines to local healthcare realities.



Marina Roytman, MD, FACP, FAASLD
Gastroenterology & Hepatology
Division Chief, Gastroenterology & Hepatology, UCSF Fresno
Liver Program Director, UCSF
Professor, UCSF

Marjaree Mason Center's Top 10 Professional Women for 2025

Dr. Marina Roytman was recognized as one of the Marjaree Mason Center's Top 10 Professional Women for 2025. This recognition is a testament to her hard work and dedication in teaching and providing liver care to the community. Dr. Roytman traded the Hawaiian beaches for California's Central Valley because she ultimately knew her passions lay in serving underserved communities and her work here would have a significant impact.

One of her notable community outreach efforts is the UCSF Fresno Liver Expo, an educational event focused on liver health that offers valuable resources, including free FibroScans®, to the general public. Her warmth, dedication, and passion have changed what is possible for liver care here in the Central Valley.



Haifaa Abdulhaq, MD
Hematology & Oncology
Director of Hematology, UCSF Fresno
Program Director, UCSF Fresno Hematology & Oncology Fellowship Program
Professor, UCSF

CAR-T Cell Infusion

Dr. Haifaa Abdulhaq brought a revolutionary cancer treatment to the Central Valley, treating her very first patient with chimeric antigen receptor (CAR) T-cell therapy. CAR T-cell therapy is an immunotherapy for blood cancers, such as leukemia, lymphoma, and myeloma, that genetically adapts a patient's T lymphocytes, or white blood cells, to identify, target, and kill cancerous cells.

Dr. Abdulhaq collaborated with UCSF Fresno and the Community Cancer Institute to bring this treatment to Central Valley cancer patients, allowing them to receive care close to home. She says that this is only the beginning of this journey and plans are in place to expand the CART program in the future.



A Legacy We're **PROUD** to Share.

Celebrating 50 Years of **UCSF Fresno**

In 1975, UCSF Fresno was founded to address a critical shortage of physicians in California's San Joaquin Valley. Fifty years later, it stands as the region's leading academic medical training center, shaping the future of health care through education, research, and service. Inspire Health Medical Group is proud to have been a partner in this mission for nearly the entire journey.

Originally formed in 1979 as Central California Faculty Medical Group, Inspire Health Medical Group has provided the physician faculty who teach and mentor UCSF School of Medicine programs at UCSF Fresno. Our physicians have trained thousands of residents, fellows, and medical students, many of whom now serve the Valley as practicing clinicians, educators, and leaders.

Together, we've built programs that extend far beyond clinical walls. From the Mobile HeaL clinic and the COVID-19 Equity Project to the Doctors Academy and SJV PRIME+, UCSF Fresno and Inspire Health have worked hand-in-hand to expand access to care, promote health equity, and inspire the next generation of Valley-based physicians.

As UCSF Fresno celebrates its 50th anniversary, Inspire Health Medical Group celebrates the privilege of being part of this legacy. We remain committed to advancing medical education, improving health outcomes, and serving the diverse communities of the San Joaquin Valley, today and for decades to come.

Above: Dr. Marina Roytman is a hepatologist with Inspire Health Medical Group and a Clinical Professor for the UCSF School of Medicine's Fresno Campus.



NEW Providers

Inspire Health is always adding to our group of specialists. Here are the most recent additions of inspired providers.

- | | | |
|---------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------|
| Lauren Aguilar, PA Trauma Surgery | Sarah Davis, DO Family & Community Medicine | Yanyu "Becky" Long, MBBS Vascular Surgery |
| Delvin Akins, MD Emergency Medicine | Cassandra DeWitt, MD Emergency Medicine | Jaskaran Mann, MD Family & Community Medicine |
| Ana Ali, PA-C Emergency Medicine | Julie Duong, PA Internal Medicine, Pulmonary Critical Care | Katherine Mullersman, MD Child Psychiatry |
| Sarthak Angal, MD Psychiatry | Huda ELSheikh, MD Hospitalist | Amanda Niu, PA-C Trauma Surgery |
| Gerson Araujo, MD General Surgery | Katee Finks, MSN, CNM Obstetrics & Gynecology | Elizabeth Pekar, PA Burn Surgery |
| Liesel Allison Bacani, PA-C Surgery | Ganesh Gajanan, MD, FACC, FSCAI Cardiology | Marcus Olivares-Perez, MD Emergency Medicine |
| Manpreet Bassi, MD Emergency Medicine | Flavia Vazquez-Garcia, NP-C Trauma Surgery | Sonia Rebeles, MD, FACOG Obstetrics & Gynecology |
| Arman Bhatti, MD Psychiatry | Mandeep Gill, DO Endocrinology | Hollie Shreve, MSN, MPH, APRN, RN, FNP-C Surgery |
| Mildrede Bonglack, MD Urogynecology | Jaime Gonzalez, MD Family Medicine | Emory Steelman, MD Sleep Medicine |
| Lauren Boyer, PA-C Trauma Surgery | Amelia Gurley, MD Emergency Medicine | Ned Ta, DO Family & Community Medicine |
| Marichelle Bustamante, AGACNP-BC, CCRN, MSN Internal Medicine, Pulmonary Critical Care | Jaspreet Kaur, MD Hematology & Oncology | Gabriel Ting, MD Psychiatry |
| Alice Chen, MD Obstetrics & Gynecology | Rajandeep Kaur, FNP-C Internal Medicine, Palliative Care | Larly Vang, WHNP-BC Obstetrics and Gynecology |
| Ricardo Chia Li, MD Cardiology | Chiraag Khalasi, PA-C Internal Medicine, Pulmonary Critical Care | Kao-Houa Vang, MD Family & Community Medicine |
| Robyn Coelho, MD Emergency Medicine | Jay Khatri, FNP-C Family & Community Medicine | Megan Yamamoto, PA-C Emergency Medicine |
| Liam Cummings, PA Trauma Surgery | Irene Lee, PA-C Endocrinology | Mahshid Zohouri, MD Internal Medicine |



What Our **PATIENTS** Are Saying



Cardiology

My husband has been a patient here for years. The place is always clean. The staff is very professional and nice. I love the doctors there, they know their job very well. They take their time with you and I'm very pleased with the service that my husband and I have received. - *Makhenda S.*

Dermatology

The best dermatologist in the Valley. - *Nazilya G.*

Great dermatologist. Very thorough, competent, personable, professional. - *Bruce R.*

Endocrinology

Excellent staff and medical care. Very kind and thorough appointment. April and staff are awesome! - *Cindy S.*

I have been receiving valuable care from this practice and Dr. Mishra for 5 years and am positive I've had quality care. - *Wendy J.*

I've been struggling with thyroid issues and massive weight gain for the last 2 years. Inspire was the first office to return my phone calls within 2 hours, follow up on medications, schedule appointments timely, conduct thorough labs, and do an ultrasound. I have been so pleased with every aspect of the office, from the front office to the doctors. Thanks so much for listening to my concerns, not rushing through my appointments, and following up on meds. I am feeling so much better now. Thank you! - *Shay M.*

General Surgery

Oh my gosh. I can't tell you how much I appreciate all the help Dr. Araujo has given me. He gave me my life back. - *Devon G.*

He [Dr. Araujo] is the best doctor in Fresno. Very thorough and detailed information provided by the doctor is awesome. - *Ash K.*

Orthopaedics

Dr. Amano was my surgeon after breaking my arm. She was absolutely awesome. I am a nurse and found her to be compassionate, attentive, and competent. She did an excellent job on my arm and can't thank her enough. - *Shelley M.*

Dr. Michael Allen not only has exceptional bedside manner, but his orthopaedic surgery was

given high reviews from our out-of-state family orthopaedic surgeons who viewed the x-rays. He answered all of our questions and never made us feel ignorant for asking. We are very thankful for Dr. Allen's expertise and hand-eye coordination! - *Rachel B.*

Simon is a great PA. Gives gentle shots and has a great personality. - *Danny S.*

OB/GYN

So accommodating and kind. Both the MA and practitioner made nice chitchat with me, which was such a great atmosphere to have in this setting prior to my procedure! Check-in process was super easy as well. - *Jackie F.*

Good experience for my first time and Dr. McCormack was sweet & helpful! - *Stephanie H.*

Sleep

Patricia Gresham is an outstanding NP who listens intently, has clear information and asks very important questions as part of the appointment. - *Adrian P.*

Staff was incredibly caring, considerate, and knowledgeable. They went above and beyond for my son's sleep study. He was so nervous and asked so many questions and they answered every question. The nurses made it feel like a home away from home. 100% recommend! - *Yesenia G.*

Specialty Kashian - Gastroenterology

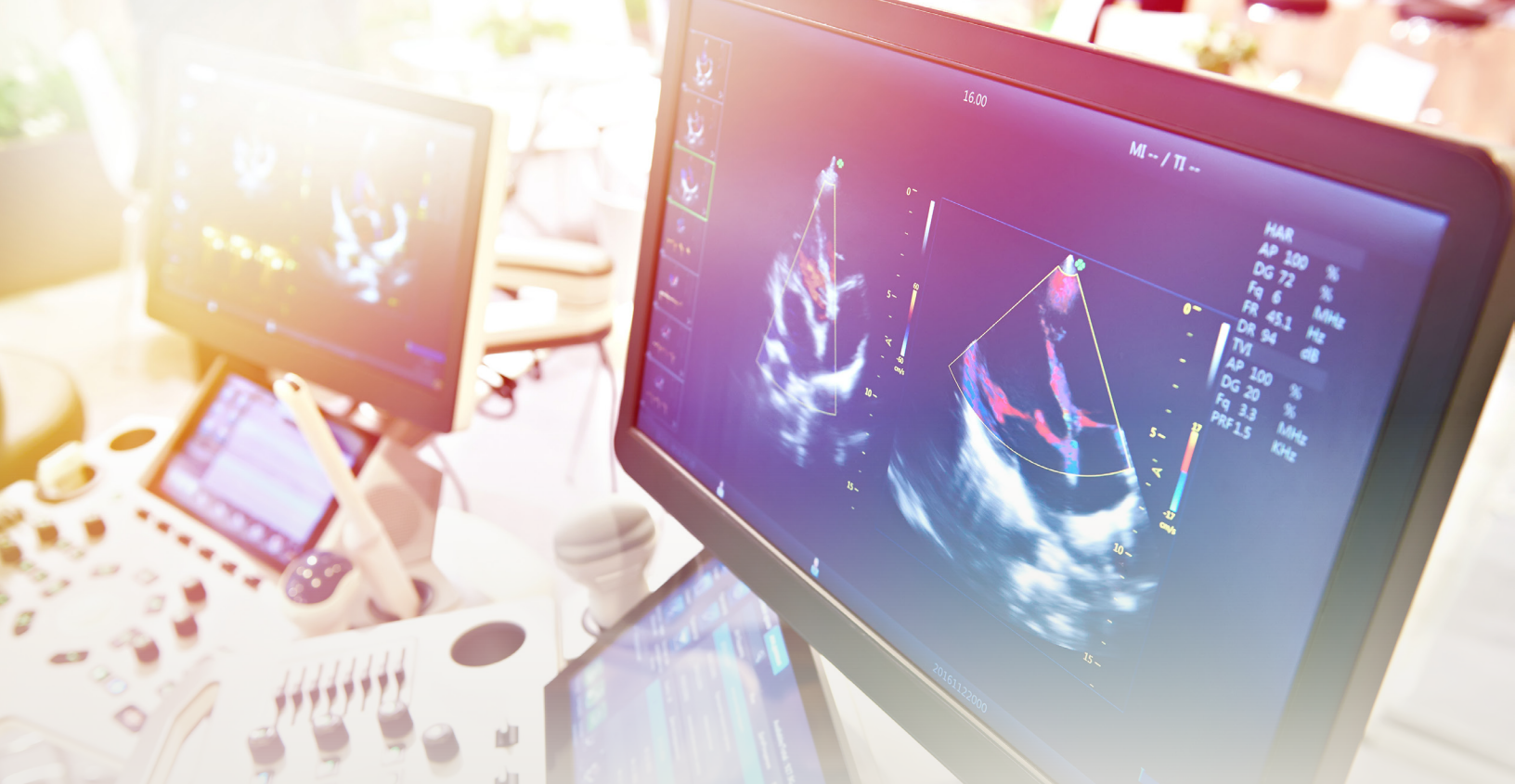
Dr. Hammami and staff are extremely exceptional. Dr. Hammami's representatives take the time listen and note what needs to be relayed to him. He is very focused and responsive to his patients' needs. He goes above and beyond expectations to get to the root of the issue. - *Patricia M.*

Hepatology

Convenient, easy access, parking close, office was efficient, quickly in & out. Dr. Roytman was clear, concise, thorough and left me confident I was in the right place. - *Reyes D.*

Pulmonology

Dr. Beutner is patient, attentive and very thorough. He listens and is proactive. Highly recommend this doctor. - *Maha M.*



INSPIRATION is Everywhere

What Inspired YOU to Pursue Medicine?



Kate Kiely, MD, MPA, RPVI
Vascular Surgery and
Endovascular Intervention
Assistant Professor, UCSF

What inspired me to become a doctor? Well, I always knew that I wanted to be a doctor, and because I always liked working with my hands, I knew that I wanted to be a surgeon.

After general surgery residency, where we spent the entirety of our training going through the different surgical subspecialties, I found vascular surgery. I was instantly connected to it. I love the lifelong relationships that we get with our patients, and I love the breadth of the surgical disease.



Ankit Rathod, MD
Cardiology
Division Chief of Cardiology, UCSF Fresno
Associate Professor, UCSF

What inspired me to become a doctor is growing up in India. I saw firsthand the power that doctors have to heal, make a difference, and bring joy and smiles to patients and their family members. I think that is the deepest motivation that has driven me so far in my career.

In terms of what brings me to the Central Valley and what sustains me here is a combination of things. I am a part of the wonderful Inspire Health Medical Group with UCSF Fresno being an academic partner where I'm able to not only provide best medical care for my patients, but also train the next generation of cardiologists and doctors in the Central Valley.

The people of Central Valley are very warm and welcoming. My patients not only share a sense of appreciation and gratitude for the care that we are able to provide, but they also help us foster the right mindset amongst our staff members and all the physicians. The motivation that we get by seeing our patients and the families appreciate our skills or expertise and care, nothing tops that.

Geetha Sivasubramanian, MD
Infectious Disease
Division Chief of Infectious Disease, UCSF Fresno
Associate Professor, UCSF

Born into a very middle-class family in India, with no medical professionals among us, I became the first of my family to pursue the challenging journey to gain admission to medical school.

Around 25 years ago, as a medical student in India, I had a profound experience while talking to a patient who had been living with HIV/AIDS. While I was talking to the patient, I noticed that he was not doing well. There was still a significant stigma associated with his condition, and he lacked social support. Without warning, he jumped out of the fifth floor window right in front of me. I instinctively tried to grab him, but it was too late.

This traumatic experience was my first real encounter with the stark differences between the medical journey for us as doctors and the patient's journey. For us, it often revolves around biology: conducting tests, diagnosing conditions, and administering drugs. However, the patient's perspective is vastly different and far more emotional. This incident shaped my understanding of patient care.

Afterward, while studying in India, I engaged in a lot of work related to infectious diseases, which influenced my decision to pursue this specialization when I came to the U.S.



INSPIRATION is Everywhere [Continued]

Diana Howard, MD
Family & Community Medicine
Assistant Professor, UCSF

I think one of the most important motivations for me to become a doctor was my mother. I am the first physician in my family, and she always supported me as an amazing role model to pursue my dreams.

She ensured that I was able to be a full-time student so I could be committed to my future and my vision. She supported me all the way, even when I decided to leave Peru to pursue my specialty training.

She's my inspiration first, and my father as well who was also a great role model. They always supported me to continue my medical education and now I am, proudly, the first physician in my family.



EXECUTIVE Profiles

Get to Know the Leaders of Inspire Health



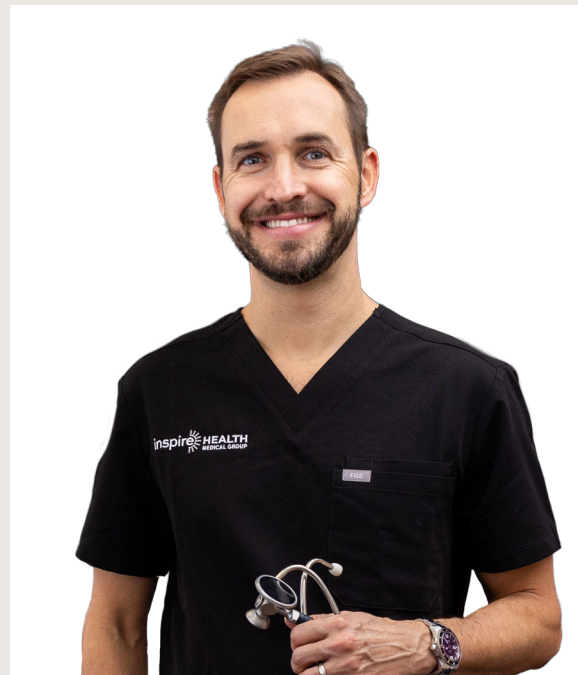
Ivan Gomez, MD
Family & Community Medicine

Chief of Family & Community Medicine, UCSF Fresno
Vice Chair, Department of Family & Community Medicine, UCSF
Inspire Health Board Member

Ivan Gomez, MD, is a nationally recognized leader in family and community medicine with a career dedicated to expanding healthcare access and advancing medical education. As an Inspire Health physician, Dr. Gomez serves as the Chief of Family & Community Medicine at UCSF Fresno and Vice Chair of the UCSF Department of Family & Community Medicine, overseeing clinical and educational programs, including the residency and three fellowship tracks, while fostering partnerships with federally qualified health centers and regional institutions to improve care for underserved populations.

Dr. Gomez earned his Bachelor of Science in Biochemistry from UCLA and his medical degree from Chicago Medical School before completing his family medicine residency at UC Davis in Merced. Since joining UCSF Fresno, he has provided comprehensive care for diverse patient populations, including Spanish-speaking adults, pediatric patients, and individuals living with HIV/AIDS.

A passionate educator, Dr. Gomez served as residency director from 2005 to 2017 and continues to mentor residents and medical students in full-scope family medicine and HIV/AIDS care. As Director and Principal Investigator for the California Area Health Education Center, he leads initiatives that expand health professions education and place primary care physicians in areas of greatest need. His work in faculty development and community-academic partnerships has earned recognition for innovation and impact, shaping the future of healthcare in the Central Valley and beyond.



Gerson Araujo, MD
General Surgery
Assistant Professor, UCSF

What inspired me to be a doctor—and more specifically a surgeon—was when I traveled to Africa in college where one of my first experiences with medicine involved a gentleman that had stepped on a landmine. I went to Tanzania near the Congo area where they were currently at war and I was able to join the operating room team. I was able to care for this patient and follow the him throughout his care. After that, I returned to Africa multiple times and each time I joined the surgical portion of the hospital. I got quite a bit of exposure to life in the operating room and that just made my decision to become a general surgeon more evident.



Devin Nugent, MBA
Chief Administrative Officer
Inspire Health Medical Group

Devin Nugent brings more than two decades of leadership experience in healthcare administration and operations to Inspire Health Medical Group. Since 2017, Devin has served as Chief Administrative Officer, guiding strategic initiatives and organizational growth.

Prior to this role, Devin was Chief Executive Officer at HealthCare California from 2014 to 2017, following six years as Chief Operating Officer. Earlier in his career, Devin held key positions in property and lease management at Longs Drug Stores and Oracle, gaining valuable expertise in operational oversight and compliance.

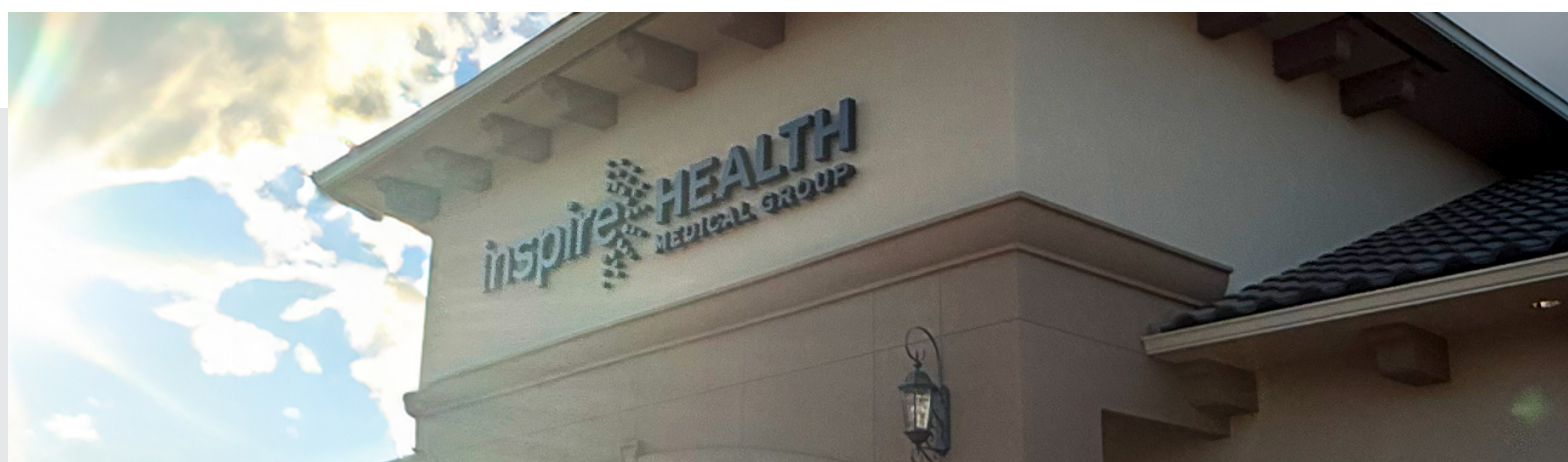
Devin earned a Master of Business Administration (MBA) from the University of Arizona and a Bachelor of Science in Business Administration with a concentration in Finance from California State University, Fresno. This strong foundation in business and finance, combined with years of healthcare leadership, underscores Devin's commitment to advancing patient care through operational excellence and strategic partnerships.



Inspire Health Medical Group

2625 E. Divisadero Street | Fresno, CA 93721

inspirehealth.org | 559.453.5200



Inspire Health **Specialty Sites**

Cardiology

2335 E. Kashian Lane, Suite 240, Fresno, CA 93701
559.320.0545 Office · 833.973.5550 Fax

Endocrinology

7085 N. Chestnut Ave., Suite 101, Fresno, CA 93720
559.323.9236 Office · 833.973.6194 Fax

Obstetrics & Gynecology

2210 E. Illinois Ave., Suite 408, Fresno, CA 93701
559.443.2694 Office · 833.973.5496 Fax

Orthopaedics

604 N. Magnolia Ave., Suite 100, Clovis, CA 93611
559.320.0531 Office · 833.973.5539 Fax

Perinatology

2210 E. Illinois Ave., Suite 301, Fresno, CA 93701
559.320.0555 Office · 833.973.5558 Fax

Psychiatry

2210 E. Illinois Ave., Suite 401, Fresno, CA 93701
559.320.0580 Office · 833.973.5582 Fax

Sleep Medicine

6733 N. Willow Ave., Suite 107, Fresno, CA 93710
559.435.4700 Office · 833.974.4951 Fax

Specialty - Kashian

Dermatology, Gastroenterology & Hepatology, Infectious Disease, Internal Medicine, & Pulmonology

2335 E. Kashian Lane, Suite 280, Fresno, CA 93701
559.320.1090 Office
833.973.6199 Dermatology Fax
833.973.5431 Gastroenterology & Hepatology Fax
833.973.5531 Infectious Disease Fax
833.973.5631 Internal Medicine Fax
833.973.5831 Pulmonology Fax

Specialty - Shaw

Family & Community Medicine/Primary Care and General Surgery

2176 Shaw Ave., Clovis CA 93611 · 559.272.2251 Office
833.973.5633 Family Medicine Fax
833.428.9499 General Surgery Fax

Vascular Surgery

1247 E. Alluvial Ave., Suite 101, Fresno, CA 93720
559.431.6226 Office · 833.973.6005 Fax